

St. Joseph County Health Department

Fetal Infant Mortality Review (FIMR) Program

Presents:



One Key Question (OKQ) Orientation Webinar

Please join us for the One Key Question Orientation Webinar to discuss the critical relationship of pregnancy intention screening to improving women's reproductive health prior to pregnancy and how it can be integrated into existing clinical services and public health programs.

“Would you like to become pregnant in the next year?”

Tuesday, July 17th

11:00 am - 12:30 pm

11a -12 noon: Introduction to the [One Key Question](#), process and research. St. Joseph County specific information about infant mortality and why the FIMR Team is recommending community wide pregnancy intention screening.

12n - 12:30p: The logistics of implementing the OKQ in a medical practice, clinic or other setting.

Register: <https://cc.readytalk.com/registration/#/?meeting=v0yvw35rey15&campaign=8q8ih4ehgjk6>

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Who? Family Medicine, OB/GYN, Pediatricians, Midwives, Nurse Practitioners, Nurses, Social Workers and professionals who work with women of childbearing age in a medical or community setting.

Why? After a [review of 64 infant mortality cases from 2015 to 2017](#), The St. Joseph County Health Department FIMR team found that the most important factor in improving the health of an infant at birth is improving the health and well-being of the mother prior to pregnancy. This finding applies to infants born prematurely as well as the infant deaths that occurred due to a Sudden Unexpected Infant Death. The most common factors present in the infant mortality cases studied were: unintended pregnancy (59%), a mental health diagnoses, (41%), tobacco use during pregnancy (38%) and sexually transmitted infections (33%). Smoking cessation is a vital aspect of reducing infant mortality. The smoking rate for pregnant women in St. Joseph County (11%) is one and a half times the national average (7%) and is over five times the national average in the cases of infant death in our community (39%).

What? Learn how this simple question, asked at every visit, can help reduce the rate of infant mortality in St. Joseph County. “Information like weight, pre-existing conditions and medications from a well woman visit means something different for patients who want to get pregnant and those who don’t,” says Michele Stranger Hunter, creator of OKQ. “Women often say, ‘I’ll stop doing that when I get pregnant,’ almost using their first prenatal visit as the point to change their health. The real health impact starts before then, though; pre-conception care is really about women’s health before they become pregnant.”

Endorsed by The American Public Health Association, National Association of Nurse Practitioners in Women’s Health, Physicians for Reproductive Health and the Committee Opinion from the American College of Obstetricians and Gynecologists.

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