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St. Joseph County Health Department: Food News & Review

FALL / WINTER 2016

Permits Ready on Tuesday, January 3rd, 2017

“PROMOTING
PHYSICAL
AND MENTAL
HEALTH AND
FACILITAT-
ING THE PRE-
VENTION OF
DISEASE, IN-
JURY, AND
DISABILITY
FOR ALL ST.
JOSEPH
COUNTY RES-
IDENTS”

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The time to renew your St. Joseph County Health Department Food Service and/or Food Store permits begins January 3rd. Food Permits must be renewed by January 31, 2017 and are available at the Health Department beginning on Tuesday, January 3rd through the end of the month except for Monday, January 16th when the office will be closed for Martin Luther King Day.



Food Establishment Permits must be renewed by January 31, 2017 to avoid a 75% late fee and possible closure

Information regarding 2016 total gross sales for food and beverage (including alcohol if applicable) must be entered on an affidavit form which we will provide. Printable applications are

available at our website (see page 3).

Permits for Granger, Mishawaka, and Osceola can be picked up at our Mishawaka office located at 219 Lincoln Way West in Mishawaka on Thursday, January 12th and Friday, January 27th from 8:00am-3:00pm.

An owner or manager must complete the application and an affidavit of gross sales. Printed permits will be ready to re-

- **Food permits can be picked up starting on January 3rd, 2017. All permits must be obtained by January 31st to avoid the late fee.**
- **Our office is closed January 2nd and 16th, but permits can be issued on any other business day. Special pick up days in Mishawaka are included in this newsletter.**

Operational Excellence

The following establishments received at least one perfect routine inspection from May through October 2016.

GRANGER—Applebee's Neighborhood Bar & Grill, Ferro Nut Shop Commissary, Yummy Pizza

LAKEVILLE—Lakeville United Methodist Food Pantry, County Line Brethren Church Food Pantry

MISHAWAKA—Aldi #02, Arby's #1390, Auntie Anne's Pretzels, Belmont Bittersweet, Ben's Soft Pretzels, Big Lot's #386, Buffalo Wild Wings, Carlucci's Pizzeria, Celebrations Unlimited, Charley's Philly Steaks, Cici's Pizza, Club 15 Athletic Association, Comfort Inn & Suites, Cosimo & Susie's Bit of Italy, Courtyard by Marriott, DiLoreto Society, Eagles Lodge #2083, Fairfield Inn and Suites, Heroes Camp, Ice Athletic Center, IHOP #5416, Loyal Order of Moose #1262, Mega Play, Meijer #121 Bakery, Menards, Michiana Putt Golf & Games, Movies 14, Nedderman's Steak Place, Noodles & Company, North Woods Village @ Edison Lakes, Oaklawn Psychiatric, Olive Garden, Olivia's Bar & Restaurant, Panda Express, Papa Joe's Casa De Pasta, Real Services @ 100 Center Apartments, Residence Inn by Marriott, Rise N Roll, Ritter's Frozen Custard, Sam's Club

Snack Bar, Subway (Hickory), T.G.I. Fridays, Tanglewood Trace, V.F.W. Post #360, Whole Foods Market & Kikka, Zoup

NEW CARLISLE—Carlisle Coffee & Sweets, Manny's Family Restaurant

NORTH LIBERTY—Bob's Country Store's Grocery/Meat section, Stella's

NOTRE DAME—Andre's House

OSCEOLA—DC Meats, Real Services @ Osceola United Methodist

SOUTH BEND—Antonio's, Arby's #677, Bargain Center, Bendix Coffee, Ben's Pretzels (Farmer's Mkt.), Betty's Breadbasket Food Pantry, Big Lot's #1200, Bistro 933 @ Hilton Garden Inn, Borders Dairy Queen, Boys and Girls Club, Bread 4 Life Bakery (Farmer's Market), Breadsmith (Farmer's Market), Bruno's Pizza (DTSB), Burger King (Portage), C & G Dream Team, Calvert Rod & Gun Club, Catering By Billie, Chico's Mexican American Restaurant, Clear Choice Adult Day Service, Corners 23 Mini Mart (Grocery), CVS Pharmacy #8631, Dockside, Dollar Tree #01333, Dunkin Donuts (North), Eagles #435, Edible Arrangements, Eurest Dining Honeywell, Express Mart, Family Dollar #1200, Fisher's Tips N Chips, Greater St. John Food Pantry, Hoosier Tap & Grill, I & M Deli, Jimmy Mac's Rib Shack Commissary, Keith Giden Community Center, KFC (South), Kitchen Skate Park, Kris's Kountry Kitchen

(Farmer's Mkt.), La Marea Bar, La Rosita, Mattson's Custom Catering, McDonald's #3597, McDonald's #6097, Mejrando Tu Figura, Menard's #3523, Miami Convenient Store, Monroe Circle Community Center Food Pantry, Murphy USA #7430, Oliver Inn Bed and Breakfast, On Angels Wings Food Pantry, Our Chicken Coop, Pay N Pakit, Rally's #4205 (Western), Real Services (Heritage Place, LaSalle Nutrition Site, Sanctuary at Trinity & Fairington Apartments), Salvation Army Kroc Center Food Pantry & Skillet (Kitchen), Samuel Mancino's (Erskine), Samuel Mancino's (Portage), South Gate Church Food Pantry, Starbucks @ Doubletree, Studio Rumba 305, That Cheesecake Place, The Brick, Top Bargain, Violet Sky Chocolate Commissary, Walgreens (#3437, #12344 & #12585), West Winds, Wolf's Auto Auction, YWCA of North Central Indiana, Zen Café (Farmer's Market)

WALKERTON—Christian Community Food Pantry, Corner Cup Café, CVS Pharmacy #6485, Netter's Restaurant, Oh Mamma's Commissary, Walkerton Real Services

JOHN GLENN SCHOOL CORP-----North Liberty, Urey Middle School

INDIANA CHARTER SCHOOLS---Success Academy, Veritas Academy, Xavier School of Excellence

PHM SCHOOLS---Battell, Beiger, Hums, John Young,

(Continued on page 4)

Congratulations on your perfect score!

Its always good to see perfection when we walk through our excellent operators' doors!



Important Information Regarding Food Allergies:



Each year, millions of Americans have allergic reactions to food. Although most food allergies cause relatively mild and minor symptoms, some food allergies can cause severe reactions, and may even be life-threatening. There is no cure for food allergies. Strict avoidance of food allergens — and early recognition and management of allergic reactions to food — are important measures to prevent serious health consequences.

Although more than 160 foods can cause allergic reactions in people with food allergies, the Food Allergen Labeling and Consumer Protection Act of 2004 (FALCPA) identifies the eight most common allergenic foods. These foods account for 90 percent of food allergic reactions, and are the food sources from which many other ingredients are derived (such as whey from milk).

The eight foods identified by the law are **Milk, Eggs, Fish** (e.g., bass, flounder, cod), **Crustacean shellfish** (e.g. crab, lobster, shrimp), **Tree nuts** (e.g., almonds, walnuts, pecans), **Peanuts, Wheat, and Soybeans**.

Following ingestion of a food allergen(s), a person with food allergies can experience a severe, life-threatening allergic reaction called anaphylaxis. This can lead to: constricted airways in the lungs, severe lowering of blood pressure and shock ("anaphylactic shock"), suffocation by swelling of the throat.

Each year in the U.S., it is estimated that anaphylaxis to food results in, 30,000 emergency room visits, 2,000 hospitalizations, and 150 deaths. Prompt administration of epinephrine by auto-injector (e.g., Epi-pen) during early symptoms of anaphylaxis may help prevent these serious consequences.

In the context of food allergens, "cross-contact" occurs when a residue or trace amount of an allergenic food becomes incorporated into another food not intended to contain it. Because of cross-contact, manufacturers may voluntarily place an advisory or precautionary allergen labeling, state-
ment on food products to notify consumers about the possible presence of food
allergen(s).



Control-click the large ribbon above to access a poster for your employees

(Article

adapted from the U.S. Food And Drug Administration, "Food Allergies: What You Need To Know")

sjchd.org

also find us on twitter [@sjchealth](https://twitter.com/sjchealth) and on facebook

at <http://www.facebook.com/>

[Stjosephcountyhealth](https://www.facebook.com/Stjosephcountyhealth)



Control-Click on any food item above to access a food permit application



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Addressee Label

"PROMOTING PHYSICAL AND MENTAL HEALTH AND FACILITATING THE PREVENTION OF DISEASE, INJURY, AND DISABILITY FOR ALL ST. JOSEPH COUNTY RESIDENTS"

Operational Excellence, Continued

(Continued from page 2)

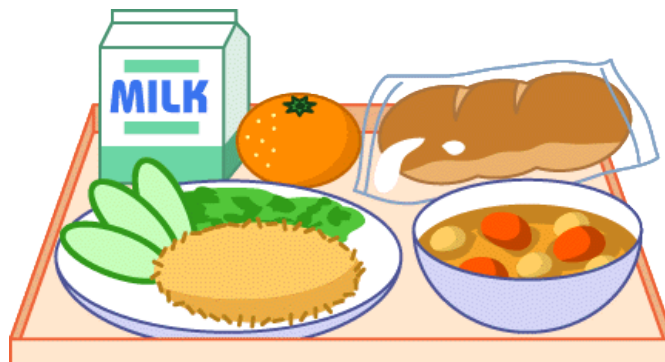
Liberty, Twin Branch

PRESCHOOLS—New Discoveries Pre-school

PRIVATE SCHOOLS—Christ the King, Community Baptist, Granger Christian, Holy Cross, Mishawaka Catholic (St. Bavo, St. Joseph & St. Monica), Our Lady of Hungary, St. John the Baptist, St. Joseph High School (Cafeteria, Concessions & Megan Beeler Café), St. Jude Catholic, St. Matthew, St. Pius X

MISHAWAKA SCHOOLS--Battell, Beiger, Hums, John Young, Liberty, Twin Branch

SOUTH BEND COMMUNITY SCHOOL CORPORATION---
Coquillard, Darden, Hamilton, Hay, Jackson Middle, John Adams High School, Lafayette, Lincoln, Madison,



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